

University of Pretoria Yearbook 2017

Foundations of leisure and recreation 110 (YSL 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	BA Extended programme
	BA Humanities
	BA Languages
	BA Sport and Leisure Studies Sport and Leisure in Society
	BA Sport and Leisure Studies Sport and Recreation Management
	BA Sport and Leisure Studies Sports Coaching Science
	BA Sport and Leisure Studies Sports Psychology
Contact time	3 lectures per week
Language of tuition	Afrikaans and English is used in one class
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module provides a strong underpinning to the theoretical concepts of recreation and leisure in societies. Foundations of recreation and leisure, the multifaceted delivery systems and diverse service areas of recreation are identified, characterised and discussed in contemporary contexts. The power, promise, potential and possibilities of recreation and leisure in society are explained and illustrated practically. In this module students obtain an accredited community recreation leadership certificate to provide a foundation for subsequent community engagement and academic service learning components.

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